



Military OneSource Now Offers **TELEPHONIC CONSULTATIONS**



Short Term Solution Focused-Telephonic (STSF-T) Consultations
are now available for OCONUS and remote locations.

WHAT ARE STSF-T CONSULTATIONS?

12 non-medical, scheduled, telephonic sessions with trained Mental Health Professionals

ISSUES COVERED:	Stress Management	Decision Making
	Communication	Parenting Skills
	Adjustment to Situational Stressors	

Short term Solution Focused-Telephonic (STSF-T) Consultations are not appropriate for children under the age of 18 and for complex issues such as addictions, mental health conditions, abuse/neglect, or PTSD.

TO LEARN MORE, CALL OR VISIT MILITARY ONESOURCE TODAY!

Overseas: **xx-800-3429-6477**
(Country access codes can be found online)



MilitaryOneSource.com

Provided by the Department of Defense at no cost to active duty, Guard and Reserve, and their families.

Military OneSource is a virtual extension of installation services.